

CRÈME BRULÉE INFUSED WITH MINT



What's in it?

- 5 Egg Yolks
- 35g of Bondi Chai Vanilla Honey
- 40g of Granulated Sugar
- 500ml of Double Cream
- 6 Leaves of Vietnamese Mint
- 100g of Castor Sugar (to sprinkle on top)

How does it go together?

- 1. Mix together yolks, sugar and Vanilla Honey Bondi Chai.
- 2. Bring the cream to the simmer with the mint, remove from heat and cool down to room temperature, strain over the egg mixture, and mix well.
- 3. Pour the mixture into ramekins and bake (poach) at 90-100°C in a water bath for 30 minutes or until set. Cool, preferably overnight in the refrigerator.
- 4. Just before serving, sprinkle white caster sugar evenly over the ramequin and quickly melt the surface (preferably with a hand blowtorch or under a hot grill, until you have a nice golden crust).
- 5. Serve immediately.